GOSPEL READING

A Reading from the Holy Gospel according to Luke

He said to his disciples, "Therefore I tell you, do not worry about your life and what you will eat, or about your body and what you will wear.

For life is more than food and the body more than clothing.

Notice the ravens: they do not sow or reap; they have neither storehouse nor barn, yet God feeds them. How much more important are you than birds!

Can any of you by worrying add a moment to your lifespan?

If even the smallest things are beyond your control, why are you anxious about the rest?

Notice how the flowers grow. They do not toil or spin. But I tell you, not even Solomon in all his splendor was dressed like one of them.

If God so clothes the grass in the field that grows today and is thrown into the oven tomorrow, will he not much more provide for you, O you of little faith?

As for you, do not seek what you are to eat and what you are to drink, and do not worry anymore.

All the nations of the world seek for these things, and your Father knows that you need them.

Instead, seek his kingdom, and these other things will be given you besides.

Do not be afraid any longer, little flock, for your Father is pleased to give you the kingdom.

The Gospel of the Lord

(Luke 12:22-32)