



## MASKS 101

### CDC guidelines on cloth face coverings

Make sure your cloth face covering:

- fits snugly but comfortably against the side of the face
- completely covers the nose and mouth
- is secured with ties or ear loops
- includes multiple layers of fabric
- allows for breathing without restriction

Reusable masks should be **washed daily** and machine dried without damage or change to shape.

Disposable masks are permitted, but do not reuse them. Wear a new disposable mask every day. Discard disposable masks at home to limit contamination.

### SUMMER MASK TIPS

Practice wearing masks at home and build up time so students – especially younger ones – become accustomed to wearing masks for extended periods before school is back in session.

ARCHDIOCESE OF CHICAGO



Catholic Schools  
835 North Rush Street  
Chicago, IL 60611-2030  
schools.archchicago.org

## SYMPTOMS? STAY HOME!

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list is not an exhaustive list of symptoms.

**If you are experiencing any illness or symptoms, please stay home.**

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# WHAT TO EXPECT WHEN RETURNING TO SCHOOL

## Tips for School Families



## BEFORE YOU ARRIVE



Parents should take children's temperatures at home to ensure they are well. If students are sick, please keep them home.



Bring your mask.



Bring filled reusable water bottle.



Wash your hands thoroughly.



Hands cleaned with hand sanitizer or soap and water.



Enter school through designated door.



Parents should not accompany their children into school. Stay safe!



School buildings and supplies will be cleaned regularly.



Lunch service, if normally provided, will continue. Students will follow safety procedures during lunchtime.



Students may not share food, beverages or school supplies.

## DURING THE DAY



For your safety, your day will be spent in a cohort in your classroom to the greatest extent possible.



To the greatest extent possible, desks and chairs will be socially distanced.



Masks are required on all individuals over the age of two in a school building in the State of Illinois.



Hand sanitizer will be used throughout the day and hand washing encouraged.

## WHEN YOU ARRIVE



Mask is on when exiting car and entering school grounds.



Temperature check with a contactless thermometer – students with a temperature of over 100.4 degrees will be immediately sent home.

## DISMISSAL



Follow communicated school procedures. Students may be dismissed in a staggered manner through various exits to decrease congestion.

## QUESTIONS?

Please direct questions to

**[ReopenSchools@archchicago.org](mailto:ReopenSchools@archchicago.org)**